

February - July 2010

February

7 night Sunday 31 Jan – Sunday 7	Gwinganna Detox
5 night Sunday 7 – Friday 12	Optimum Wellbeing
2 night Friday 12 – Sunday 14	Gwinganna Spa Weekend
4 night Sunday 14 – Thursday 18	Optimal Qi – Energy for Life
3 night Thursday 18 – Sunday 21	Womens Discovery
5 night Sunday 21 – Friday 26	Optimum Wellbeing
2 night Friday 26 – Sunday 28	Gwinganna Spa Weekend
7 night Sunday 28 – Sunday 7 Mar	Gwinganna Detox

March

5 night Sunday 7 – Friday 12	Optimum Wellbeing
3 night Friday 12 – Monday 15	Womens Discovery
6 night Monday 15 – Sunday 21	Optimum Wellbeing PLUS
5 night Sunday 21 – Friday 26	Optimum Wellbeing
2 night Friday 26 – Sunday 28	Gwinganna Spa Weekend
7 night Sunday 28 – Sunday 4 Apr	Gwinganna Detox

April

5 night Sunday 4 – Friday 9	Optimum Wellbeing
2 night Friday 9 – Sunday 11	Gwinganna Spa Weekend
4 night Sunday 11 – Thursday 15	Feast of Nutrition
3 night Thursday 15 – Sunday 18	Organic Living
5 night Sunday 18 – Friday 23	Optimum Wellbeing
2 night Friday 23 – Sunday 25	Gwinganna Spa Weekend
5 night Sunday 25 – Friday 30	Optimum Wellbeing
2 night Friday 30 – Sunday 2 May	Gwinganna Spa Weekend

May

7 night Sunday 2 – Sunday 9	Gwinganna Detox
5 night Sunday 9 – Friday 14	Optimum Wellbeing
2 night Friday 14 – Sunday 16	Gwinganna Spa Weekend
5 night Sunday 16 – Friday 21	Optimum Wellbeing
2 night Friday 21 – Sunday 23	Gwinganna Spa Weekend
4 night Sunday 23 – Thursday 27	Sleep Discovery
3 night Thursday 27 – Sunday 30	Womens Discovery
7 night Sunday 30 – Sunday 6 Jun	Gwinganna Detox

June

5 night Sunday 6 – Friday 11	Optimum Wellbeing
3 night Friday 11 – Monday 14	Nourish for Winter
6 night Monday 14 – Sunday 20	Optimum Wellbeing PLUS
5 night Sunday 20 – Friday 25	Optimum Wellbeing
2 night Friday 25 – Sunday 27	Gwinganna Spa Weekend
7 night Sunday 27 – Sunday 4 Jul	Gwinganna Detox

July

5 night Sunday 4 – Friday 9	Optimum Wellbeing
2 night Friday 9 – Sunday 11	Gwinganna Spa Weekend
4 night Sunday 11 – Thursday 15	Feast of Nutrition
3 night Thursday 15 – Sunday 18	Organic Living
5 night Sunday 18 – Friday 23	Optimum Wellbeing
2 night Friday 23 – Sunday 25	Gwinganna Spa Weekend
7 night Sunday 25 – Sunday 1 Aug	Gwinganna Detox





August - October 2010

August

5 night Sunday 1 – Friday 6
2 night Friday 6 – Sunday 8
5 night Sunday 8 – Friday 13
3 night Friday 13 – Monday 16
6 night Monday 16 – Sunday 22
7 night Sunday 22 – Sunday 29
5 night Sunday 29 – Friday 3 Sep

Optimum Wellbeing
Gwinganna Spa Weekend
Optimum Wellbeing
Womens Discovery
Optimum Wellbeing PLUS
Gwinganna Detox
Optimum Wellbeing

September

2 night Friday 3 – Sunday 5
5 night Sunday 5 – Friday 10
2 night Friday 10 – Sunday 12
4 night Sunday 12 – Thursday 16
3 night Thursday 16 – Sunday 19
7 night Sunday 19 – Sunday 26
5 night Sunday 26 – Friday 1 Oct

Gwinganna Spa Weekend
Optimum Wellbeing
Gwinganna Spa Weekend
Optimal Qi – Energy for Life
TBA
Gwinganna Detox
Optimum Wellbeing

October

2 night Friday 1 – Sunday 3
5 night Sunday 3 – Friday 8
3 night Friday 8 – Monday 11
6 night Monday 11 – Sunday 17
5 night Sunday 17 – Friday 22
2 night Friday 22 – Sunday 24
7 night Sunday 24 – Sunday 31

Gwinganna Spa Weekend
Optimum Wellbeing
Womens Discovery
Optimum Wellbeing PLUS
Optimum Wellbeing
Gwinganna Spa Weekend
Gwinganna Detox